

PSHCE/RSE Curriculum Map - Year 5

Term	Autumn 1					
British Values	Democracy					
CHRIST	Community					
Week	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Virtue	Respect		Friendliness		Gentleness	
Curriculum Focus	Zones of Regulation Refresher Session	<u>Introduction to British Values</u> Focus: Democracy Votes/application for council, eco warriors	<u>One World</u> (Shared responsibilities - PSHCE APS)			<u>RSE - Ten:Ten - Module 1 - Created and Loved by God</u> Unit 1 - Religious Understanding <u>Work Book</u> <u>Baseline Assessment</u> <u>Story Sessions</u> <u>Calming the Storm (60mins)</u>
			<u>Lesson 1</u> <u>Global Citizens</u>	<u>Lesson 2</u> <u>Global Warming</u>	<u>Lesson 3</u> <u>Energy</u>	
Term	Autumn 2					
British Values						
CHRIST	Happiness					
Week	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Virtue	Responsibility		Listening		Cleanliness	
Curriculum Focus	<u>RSE - Ten:Ten - Module 1 - Created and Loved by God</u>					
	Unit 2 - Me, My Body, My Health			Unit 4 - Life Cycles		
	<u>Baseline Assessment</u> <u>Session 1</u> <u>Gifts and Talents (60mins)</u> <u>Appendix 1</u>	<u>Session 2</u> <u>Girls' Bodies (60mins)</u> <u>Appendix 1</u>	<u>Session 3</u> <u>Boys' Bodies (60mins)</u> <u>Appendix 1</u>	<u>Session 4</u> <u>Spots and Sleep (60mins)</u> <u>Appendix 1</u> <u>Appendix 2</u>	<u>Baseline Assessment</u> <u>Session 3</u> <u>Menstruation (60mins)</u> <u>Appendix 1</u>	<u>Session 4</u> <u>A Time for Everything (60mins)</u> <u>Appendix 1</u> <u>Appendix 2</u> <u>Appendix 3</u> <u>Appendix 4</u> <u>Appendix 5</u>

Term	Spring 1					
British Values	Respect					
CHRIST	Resilience					
Week	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Virtue	Perseverance		Courage		Assertiveness	
Curriculum Focus	Zones of Regulation Refresher Session	RSE - Ten:Ten - Module 2 - Created to Love Others				
		Unit 1 - Religious Understanding	Unit 2 - Personal Relationships			Unit 3 - Keeping Safe
		<u>Baseline Assessment</u> <b>Session 1</b> <u>Is God Calling You? (60mins)</u> <u>Appendix 1</u> <u>Appendix 2</u>	<u>Baseline Assessment</u> <b>Session 1</b> <u>Under Pressure (60mins)</u> <u>Appendix 1</u> <u>Appendix 2</u> <u>Appendix 3</u>	<b>Session 2</b> <u>Do You Want a Piece of Cake? (60mins)</u> <u>Appendix 1</u>	<b>Session 3</b> <u>Self-Talk (60mins)</u>	<u>Baseline Assessment</u> <b>Session 1</b> <u>Sharing Isn't Always Caring (60mins)</u> <u>Appendix 1</u>
Term	Spring 2					
British Values	Rule of Law					
CHRIST	Integrity					
Week	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Virtue	Obedience		Diligence		Honesty	
Curriculum Focus	RSE - Ten:Ten - Module 2 - Created to Love Others		E-Safety ( <a href="https://www.childnet.com/">https://www.childnet.com/</a> ) Pupils learn about: <ul style="list-style-type: none"> <li>about the role of the internet in everyday life</li> <li>that not all information seen online is true (Media literacy and digital resilience - PSHCE APS)</li> </ul>			
	Unit 3 - Keeping Safe					
	<b>Session 2</b> <u>Cyberbullying (60mins)</u> <u>Appendix 1</u> <u>Appendix 2</u>	<b>Session 6</b> <u>Giving Assistance (60mins)</u> <u>Appendix 1</u> <u>Appendix 2</u>				

Term	<u>Summer 1</u>						
British Values	Tolerance						
CHRIST	<u>Sacredness</u>						
Week	<u>Week 1</u>	<u>Week 2</u>	<u>Week 3</u>	<u>Week 4</u>	<u>Week 5</u>	<u>Week 6</u>	
Virtue	<u>Self-Discipline</u>		<u>Courtesy</u>		<u>Peacefulness</u>		
Curriculum Focus	Zones of Regulation Refresher Session	<u>RSE - Ten:Ten - Module 3 - Created to Live in Community</u>			<u>Money Matters</u> Economic Wellbeing - Money - PSHCE APS		
		Unit 1 - Religious Understanding		Unit 2 - Living in the Wider World		<u>Lesson 1</u> <u>Look After It!</u>	<u>Lesson 2</u> <u>Critical Consumers</u>
		<u>Baseline Assessment</u> <u>Session 1</u> <u>The Trinity</u> (60mins) <u>Appendix 1</u> <u>Appendix 2</u>	<u>Session 2</u> <u>Catholic Social Teaching</u> (60mins) <u>Appendix 1</u> <u>Appendix 2a</u> <u>Appendix 2b</u>	<u>Baseline Assessment</u> <u>Session 1</u> <u>Reaching Out</u> (60mins)			
Term	<u>Summer 2</u>						
British Values	Liberty						
CHRIST	<u>Togetherness</u>						
Week	<u>Week 1</u>	<u>Week 2</u>	<u>Week 3</u>	<u>Week 4</u>	<u>Week 5</u>	<u>Week 6</u>	
Virtue	<u>Cooperation</u>		<u>Patience</u>		<u>Unity</u>		
Curriculum Focus	<u>Money Matters</u> Economic Wellbeing - Money - PSHCE APS	<u>Aim High</u> Economic Wellbeing - Aspirations, Work and Career - PSHCE APS				Transition	
	<u>Lesson 3</u> <u>Value for Money and Ethical Spending</u>	<u>Lesson 1</u> <u>You Can Achieve Anything</u>	<u>Lesson 2</u> <u>Breaking Down Barriers</u>	<u>Lesson 3</u> <u>Future Focus</u>			