

PSHCE/RSE Curriculum Map - Year 3

Term	Autumn 1					
British Values	Democracy					
CHRIST	Community					
Week	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Virtue	Respect		Friendliness		Gentleness	
Curriculum Focus	Zones of Regulation Refresher Session	<u>Introduction to British Values</u> Focus: Democracy Votes/application for council, eco warriors	RSE - Ten:Ten - Module 1 - Created and Loved by God			
			Unit 1 - Religious Understanding		Unit 2 - Me, My Body, My Health	
			<u>Baseline Assessment</u> <u>Story Sessions</u> <u>Get Up!</u> (60mins) Appendix 1	<u>Session 2</u> <u>The Sacraments</u> (45mins) Appendix 1	<u>Baseline Assessment</u> <u>Session 1</u> <u>We Don't Have to Be the Same</u> (45mins) Appendix 1 Appendix 2	<u>Session 2</u> <u>Respecting Our Bodies</u> (45mins) Appendix 1 Appendix 2 Appendix 3
Term	Autumn 2					
British Values						
CHRIST	Happiness					
Week	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Virtue	Responsibility		Listening		Cleanliness	
Curriculum Focus	RSE - Ten:Ten - Module 1 - Created and Loved by God					
	Unit 3 - Emotional Well-Being			Unit 4 - Life Cycles		
	<u>Baseline Assessment</u> <u>Session 1</u> <u>What Am I Feeling?</u> (45mins) Appendix 1	<u>Session 2</u> <u>What Am I Looking At?</u> (45mins) Appendix 1 Appendix 2	<u>Session 3</u> <u>I Am Thankful</u> (45mins) Appendix 1 Appendix 2 Appendix 3	<u>Baseline Assessment</u> <u>Session 1</u> <u>Life Cycles</u> (45mins) Appendix 1 Appendix 2 Appendix 3	<u>E-Safety</u> (https://www.childnet.com/) Pupils learn about: <ul style="list-style-type: none"> about the role of the internet in everyday life that not all information seen online is true (Media literacy and digital resilience - PSHCE APS)	

Term	Spring 1					
British Values	Respect					
CHRIST	Resilience					
Week	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Virtue	Perseverance		Courage		Assertiveness	
Curriculum Focus	Zones of Regulation Refresher Session	RSE - Ten:Ten - Module 2 - Created to Love Others				
		Unit 1 - Religious Understanding	Unit 2 - Personal Relationships		Unit 3 - Keeping Safe	
		<u>Baseline Assessment</u> Session 1 <u>God Loves You</u> (40mins) <u>Appendix 1</u> <u>Appendix 2</u> <u>Appendix 3</u>	<u>Baseline Assessment</u> Session 1 <u>Friends, Family and Others</u> (30mins) <u>Appendix 1</u> <u>Appendix 2</u> <u>Appendix 3</u>	Session 2 <u>When Things Feel Bad</u> (35mins)	<u>Baseline Assessment</u> Session 1 <u>Sharing Online</u> (35mins) <u>Appendix 1</u>	Session 3 <u>Safe in My Body</u> (45mins)
Term	Spring 2					
British Values	Rule of Law					
CHRIST	Integrity					
Week	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Virtue	Obedience		Diligence		Honesty	
Curriculum Focus	<u>RSE - Ten:Ten - Module 2 - Created to Love Others</u>	<u>Recognising Risks and Responsibilities</u> (Shared responsibilities - PSHCE APS)				
	Unit 3 - Keeping Safe					
	Session 5 <u>First Aid Heroes</u> (35mins) <u>Appendix 1a</u> <u>Appendix 1b</u> <u>Appendix 2</u>					

Term	Summer 1					
British Values	Tolerance					
CHRIST	Sacredness					
Week	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Virtue	Self-Discipline		Courtesy		Peacefulness	
Curriculum Focus	Zones of Regulation Refresher Session	RSE - Ten:Ten - Module 3 - Created to Live in Community			Money Matters Economic Wellbeing - Money - PSHCE APS	
		Unit 1 - Religious Understanding		Unit 2 - Living in the Wider World		Lesson 1 Where Does Money Come From?
		Baseline Assessment Session 1 A Community of Love (25mins) Appendix 1	Session 2 What is the Church (30mins)	Baseline Assessment Session 1 How Do I Love Others? (35mins) Appendix 1	Lesson 2 Ways to Pay	
Term	Summer 2					
British Values	Liberty					
CHRIST	Togetherness					
Week	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Virtue	Cooperation		Patience		Unity	
Curriculum Focus	Money Matters Economic Wellbeing - Money - PSHCE APS	Aim High Economic Wellbeing - Aspirations, Work and Career - PSHCE APS			Transition	
	Lesson 3 Reasons to Borrow	Lesson 1 Achievements	Lesson 2 Goals	Lesson 3 Always Learning		