

PSHCE/RSE Curriculum Map - Year 1

Term	Autumn 1 - RSE					
British Values	Democracy					
CHRIST	Community					
Week	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Virtue	Respect		Friendliness		Gentleness	
Curriculum Focus	Zones of Regulation Refresher Session	<u>Introduction to British Values</u> Focus: Democracy  Votes/application for council, eco warriors	RSE - Ten:Ten - Module 1 - Created and Loved by God			
			Unit 1 - Religious Understanding	Unit 2 - Me, My Body, My Health	Unit 3 - Emotional Well-Being	
			<u>Baseline Assessment</u> <u>Story Sessions</u> <u>Let the Children Come (50mins)</u> Appendix 1 Appendix 2 Appendix 3 Appendix 4	<u>Baseline Assessment</u> <u>Session 1</u> <u>I am Unique (30mins)</u> Appendix 1 Appendix 2	<u>Baseline Assessment</u> <u>Session 1</u> <u>Feelings, Likes and Dislikes (40mins)</u> Appendix 1 Appendix 2	<u>Session 2</u> <u>Feeling Inside and Out (30mins)</u> Appendix 1
Term	Autumn 2 - PSHCE					
British Values						
CHRIST	Happiness					
Week	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Virtue	Responsibility		Listening		Cleanliness	
Curriculum Focus	RSE - Ten:Ten - Module 1 - Created and Loved by God		<u>Recognising Risks and Responsibilities</u> (Shared responsibilities - PSHCE APS)			
	Unit 3 - Emotional Well-Being					
	<u>Session 3</u> <u>Super Susie Gets Angry (40mins)</u> Appendix 1 Appendix 2					

Term	<u>Spring 1 - RSE</u>					
British Values	Respect					
CHRIST	<u>Resilience</u>					
Week	<u>Week 1</u>	<u>Week 2</u>	<u>Week 3</u>	<u>Week 4</u>	<u>Week 5</u>	<u>Week 6</u>
Virtue	<u>Perseverance</u>		<u>Courage</u>		<u>Assertiveness</u>	
Curriculum Focus	<u>RSE - Ten:Ten - Module 2 - Created to Love Others</u>					
	Zones of Regulation Refresher Session	Unit 1 - Religious Understanding		Unit 2 - Personal Relationships		Unit 3 - Keeping Safe
		<u>Baseline Assessment</u> <u>Session 1</u> <u>God Loves You</u> <u>(40mins)</u> <u>Appendix 1</u> <u>Appendix 2</u>	<u>Baseline Assessment</u> <u>Session 1</u> <u>Special People</u> <u>(30mins)</u> <u>Appendix 1</u> <u>Appendix 2</u>	<u>Session 2</u> <u>Treat Others Well... (35mins)</u> <u>Appendix 1</u> <u>Appendix 2</u>	<u>Session 3</u> <u>...and Say Sorry (30mins)</u>	<u>Baseline Assessment</u> <u>Session 1</u> <u>Being Safe (35mins)</u> <u>Appendix 1</u>
Term	<u>Spring 2 - PSHCE</u>					
British Values	Rule of Law					
CHRIST	<u>Integrity</u>					
Week	<u>Week 1</u>	<u>Week 2</u>	<u>Week 3</u>	<u>Week 4</u>	<u>Week 5</u>	<u>Week 6</u>
Virtue	<u>Obedience</u>		<u>Diligence</u>		<u>Honesty</u>	
Curriculum Focus	<u>RSE - Ten:Ten - Module 2 - Created to Love Others</u>		<u>E-Safety (<a href="https://www.childnet.com/">https://www.childnet.com/</a>)</u> <u>Pupils learn about:</u> <ul style="list-style-type: none"> <li>about the role of the internet in everyday life</li> <li>that not all information seen online is true (Media literacy and digital resilience - PSHCE APS)</li> </ul>			
	Unit 3 - Keeping Safe					
	<u>Session 3</u> <u>Physical Contact (45mins)</u> <u>Appendix 1</u> <u>Appendix 2</u>	<u>Session 5</u> <u>Can You Help Me? - Part 1 (35mins)</u> <u>Appendix 1</u> <u>Appendix 2a</u> <u>Appendix 2b</u> <u>Appendix 3</u>				

Term	<u>Summer 1 - RSE</u>						
British Values	Tolerance						
CHRIST	<u>Sacredness</u>						
Week	<u>Week 1</u>	<u>Week 2</u>	<u>Week 3</u>	<u>Week 4</u>	<u>Week 5</u>	<u>Week 6</u>	
Virtue	Self-Discipline		Courtesy		Peacefulness		
Curriculum Focus	Zones of Regulation Refresher Session	<u>RSE - Ten:Ten - Module 3 - Created to Live in Community</u>			<u>Money Matters</u> Economic Wellbeing - Money - PSHCE APS		
		Unit 1 - Religious Understanding		Unit 2 - Living in the Wider World		<u>Lesson 1</u> <u>Money</u>	<u>Lesson 2</u> <u>Where Money Comes From</u>
		Baseline Assessment <u>Session 1</u> <u>Three in One</u> <u>(25mins)</u>	<u>Session 2</u> <u>Who is My Neighbour (30mins)</u> <u>Appendix 1</u>	Baseline Assessment <u>Session 1</u> <u>The Communities We Live In</u> <u>(35mins)</u> <u>Appendix 1</u>			
Term	<u>Summer 2 - PSHCE</u>						
British Values	Liberty						
CHRIST	<u>Togetherness</u>						
Week	<u>Week 1</u>	<u>Week 2</u>	<u>Week 3</u>	<u>Week 4</u>	<u>Week 5</u>	<u>Week 6</u>	
Virtue	Cooperation		Patience		Unity		
Curriculum Focus	<u>Money Matters</u> Economic Wellbeing - Money - PSHCE APS	<u>Aim High</u> Economic Wellbeing - Aspirations, Work and Career - PSHCE APS				<u>Transition</u>	
	<u>Lesson 3</u> <u>Look After it!</u>	<u>Lesson 1</u> <u>Star Qualities</u>	<u>Lesson 2</u> <u>Positive Learners</u>	<u>Lesson 3</u> <u>Bright Futures</u>			