

PSHCE/RSE Curriculum Map - Year 4

Term	Autumn 1					
British Values	Democracy					
CHRIST	Community					
Week	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Virtue	Respect		Friendliness		Gentleness	
Curriculum Focus	Zones of Regulation Refresher Session	<u>Introduction to British Values</u> Focus: Democracy Votes/application for council, eco warriors	<u>Recognising Risks and Responsibilities</u> (Shared responsibilities - PSHCE APS)			
Term	Autumn 2					
British Values						
CHRIST	Happiness					
Week	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Virtue	Responsibility		Listening		Cleanliness	
Curriculum Focus	<u>Recognising Risks and Responsibilities</u> (Shared responsibilities - PSHCE APS)	<u>RSE - Ten:Ten - Module 1 - Created and Loved by God</u>				
		Unit 1 - Religious Understanding	Unit 2 - Me, My Body, My Health			Unit 4 - Life Cycles
		<u>Baseline Assessment Story Sessions</u> <u>Get Up! (60mins)</u> <u>Appendix 1</u>	<u>Baseline Assessment Session 3</u> <u>What is Puberty? (45mins)</u> <u>Appendix 1</u> <u>Appendix 2</u> <u>Appendix 3</u>	<u>Session 4 Changing Bodies (45mins)</u> <u>Appendix 1</u> <u>Appendix 2</u> <u>Appendix 3</u>	<u>Session 5 Male/Female Discussion Groups (45mins)</u>	<u>Baseline Assessment Session 2</u> <u>A Time for Everything (45mins)</u> <u>Appendix 1</u> <u>Appendix 2</u> <u>Appendix 3</u> <u>Appendix 4</u>

Term	Spring 1						
British Values	Respect						
CHRIST	Resilience						
Week	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	
Virtue	Perseverance		Courage		Assertiveness		
Curriculum Focus	Zones of Regulation Refresher Session	RSE - Ten:Ten - Module 2 - Created to Love Others					
		Unit 1 - Religious Understanding		Unit 3 - Keeping Safe			
		<u>Baseline Assessment</u> <u>Session 1</u> <u>Jesus My Friend (60mins)</u> <u>Appendix 1</u> <u>Appendix 2</u> <u>Appendix 3</u>	<u>Baseline Assessment</u> <u>Session 1</u> <u>Sharing Online (45mins)</u> <u>Appendix 1</u>	<u>Session 2</u> <u>Chatting Online (45mins)</u>	<u>Session 3</u> <u>Safe in My Body (45mins)</u> <u>Appendix 1</u> <u>Appendix 2</u>	<u>Session 4</u> <u>Drugs, Alcohol and Tobacco (45mins)</u> <u>Appendix 1</u> <u>Appendix 2</u> <u>Appendix 3</u>	
Term	Spring 2						
British Values	Rule of Law						
CHRIST	Integrity						
Week	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	
Virtue	Obedience		Diligence		Honesty		
Curriculum Focus	RSE - Ten:Ten - Module 2 - Created to Love Others		E-Safety (https://www.childnet.com/) Pupils learn about: <ul style="list-style-type: none"> about the role of the internet in everyday life that not all information seen online is true (Media literacy and digital resilience - PSHCE APS)				
	Unit 3 - Keeping Safe						
	<u>Session 5</u> <u>First Aid Heroes (45mins)</u> <u>Appendix 1a</u> <u>Appendix 1b</u> <u>Appendix 2</u>						

Term	Summer 1						
British Values	Tolerance						
CHRIST	Sacredness						
Week	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	
Virtue	Self-Discipline		Courtesy		Peacefulness		
Curriculum Focus	Zones of Regulation Refresher Session	RSE - Ten:Ten - Module 3 - Created to Live in Community			Money Matters Economic Wellbeing - Money - PSHCE APS		
		Unit 1 - Religious Understanding		Unit 2 - Living in the Wider World		Lesson 4 Spending Decisions	Lesson 5 The Influence of Adverts
		Baseline Assessment Session 1 A Community of Love (30mins) Appendix 1	Session 2 What is the Church (45mins)	Baseline Assessment Session 1 How Do I Love Others? (50mins) Appendix 1			
Term	Summer 2						
British Values	Liberty						
CHRIST	Togetherness						
Week	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	
Virtue	Cooperation		Patience		Unity		
Curriculum Focus	Money Matters Economic Wellbeing - Money - PSHCE APS	Aim High Economic Wellbeing - Aspirations, Work and Career - PSHCE APS				Transition	
	Lesson 6 Keeping Track	Lesson 4 Jobs and Skills	Lesson 5 No Limit!	Lesson 6 When I Grow Up			