<u>Year 4 RE Home Progress Task</u>

Due Wednesday 29th March 2023

This half term we are looking at the topic, **self-discipline**. Self-discipline means demonstrating self-control and making the right choices, even when it is difficult.

Lent is a time to show self-discipline in the promises that we make. We grow closer to God by promising to sacrifice something special to us or by promising to be a better person and live more like Jesus.

We would like you to record your Lenten promise for this year on the template below. Say how you hope your promise will bring you closer to God think about prayer, fasting and almsgiving. Decorate your promise beautifully with appropriate Lenten images using coloured pencils and cut out your promise carefully before returning it to your teacher with your name on the back. Do your best as these will form our RE display for this topic.

