

Residential 2023



Monday 26th – Friday 30th June 2023

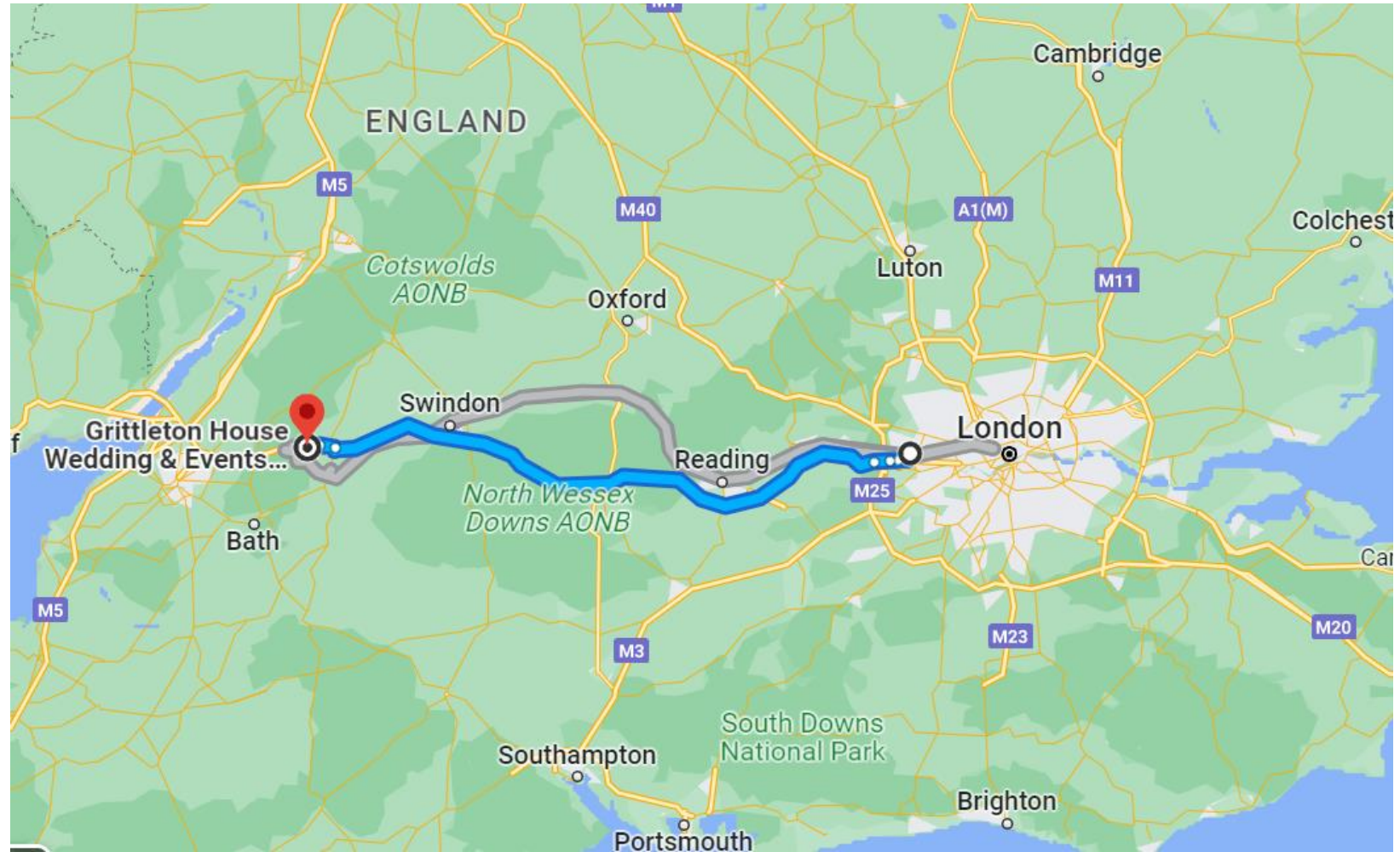
The Journey:

Grittleton House,
The Street,
Grittleton,
Chippenham
SN14 6AP

Coach ride:

Just under 2 hours

Toilets on coach



Aims of the trip:



- Active Learning
- Self Confidence & Awareness



- Problem Solving & Lateral Thinking
- Team Work & Communication



- Nature & Environmental Learning
- Learning A New Skill



- But most importantly... to have fun!

Times to remember:

Monday 26th June

8.50am: Arrive at school promptly and meet in the School Hall with your labelled luggage and a packed lunch (no fizzy drinks, chocolate bars)

Approx 9:30am: COACH LEAVES

*Please ensure children have had any travel sickness medicine in time for it to take effect.
Please also send medication for the journey home.*

Friday 30th June

Approx 2:15pm: Coach arrives at school (traffic permitting).

All children will need to be collected by an adult at this time. We will inform you of any delays.

Daily Structure:

Mornings

- **7:30 – 8:30am** = Breakfast
- **9.00 – 10:30** = Activity
- **10:30-10:45** = Break
- **10:45 – 12:15pm** = Activity 2
- **12:30-1:30pm** = Lunch

Afternoons

1:45 – 3:15pm = Activity 3
3:15 - 3:30pm = Break
3:30 – 5pm = Activity 4
5:30 – 6:30pm = Evening meal
7.00 – 8:30pm = Evening Activity
9pm = Get ready for bed
9:30pm = Lights out

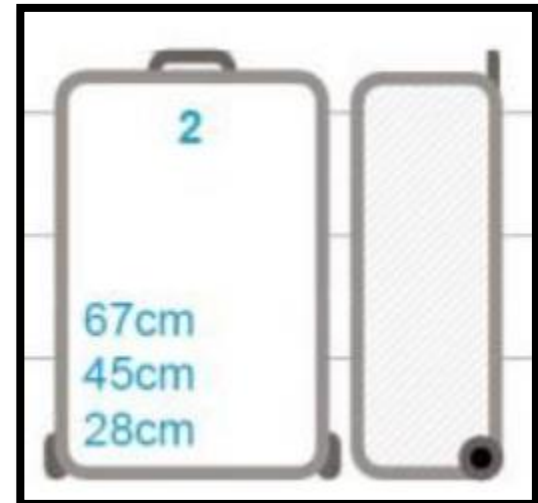
Example Activity Programme

MONDAY	Arrive at Centre from 11:30am Welcome Talk, Packed Lunch Orientation Followed by Games and Ice Breakers				Crate Challenge	Settle into Accommodation	Dinner	Scrapheap Challenge
TUESDAY	Breakfast	Body Zorbs	Water Wars	Lunch	Buggy Building	Bushcraft	Dinner	Campfire
WEDNESDAY	Breakfast	Karting	Sensory Trail	Lunch	Archery	Climbing	Dinner	Night Hike
THURSDAY	Breakfast	Aeroball	Low Ropes	Lunch	Water Rollers	Escape Room	Dinner	Festival
FRIDAY	Breakfast	Den Building	Leave accommodation, Lunch, Say goodbye and Depart Centre at 12.30pm					



Essentials:

- Please refer to the 'Kit List' in your pack for clothing.
- Please ensure ALL belongings are clearly named, including bags.
- NO electrical items or phones are permitted.
- Children may bring a book to read during quiet time.
- They may also bring a disposable camera at their own risk.
- Children will need a small backpack for during the day to carry sun cream, sweatshirt, camera, water bottle, waterproof jacket etc.
- On the Monday, please ensure your child has a packed (chocolate or fizzy drinks)
- Luggage size = No larger than 67cm by 45cm.
- Your child must be able to carry it themselves!



- During our stay, there will be an opportunity to buy souvenirs (note pads, pencils etc). For this, up to £10 can be brought in a NAMED purse or wallet. This is **optional**. Group leaders will look after this.
- Children are allowed to bring a sensible amount of snacks with them for the evenings.
- A reusable water bottle is essential as drinks are only provided at mealtimes.

Kit List:

When packing, please refer to the following kit list:

Necessities	Day Wear	Water Wear	Evening Wear	Toiletries
Socks x7	Jogging bottoms (old) x 4	Old shoes/water shoes x2	Disco clothes	Shampoo/ conditioner
Underwear x7	Shorts (old) x2 Not too short	Swimwear to wear under clothes for water activities x1 (one piece for girls, no bikinis)	Clothes suitable for an outside campfire	Shower gel/ soap
Pyjamas	Long sleeved tops (old) x2	Old jogging bottoms x2	Suitable shoes for evening ie trainers	Hairbrush/ hair products
Towels x2	T Shirts (old) x 4	Old long sleeved tops x2	Warm clothing for all outdoor activities	Toothbrush and toothpaste
Packed lunch for the first day	Jumper/fleece/sweatshirt			Hair ties for long hair
Book to read	Waterproof jacket			<u>Suncream</u>
Water bottle	Sun hat/cap			Deodorant (Roll on)
Tissues				
Pack your lunch and water in a rucksack to use throughout the week	These clothes could get muddy	These clothes/shoes will get muddy and very dirty	Jeans are suitable Disposable cameras are optional and taken at your own risk	Please put products into a washbag.

Please send a couple of bin bags so that dirty clothes can be packed into them for the return journey.

NB: we have to fit a lot of luggage in the coach so please try to make sure suitcases are not too large!

Children must have plenty of layers (hoodies / waterproof jacket)

Please note: clothing may get muddy or damaged

Activities:

- Children will be taking part in a variety of activities.
- Children have a teacher and a group leader with them at all activities.
- There will be 4 activities each day, plus evening entertainment.

Day time activities:	Evening activities include:
<ul style="list-style-type: none">• Gladiator Challenge• Escape Grittleton• Low Ropes• Sports and Games• Crystal Maze• The Cube• Archery Adventure• Buggy Building• Water Rollers• Climbing Wall• Body Zorbs• Karting• Aeroball• Crystal Maze• Hover boarding	<ul style="list-style-type: none">• Festival• In2action Game Show• Giant Art Attack• Spy School

ALL ACTIVITIES ARE RUN BY FULLY QUALIFIED, TRAINED STAFF.

DUE TO THE SAFETY ASPECTS INVOLVED WITH THESE TYPES OF ACTIVITIES, ANY CHILDREN WHO MISBEHAVE DURING ACTIVITIES WILL BE TAKEN BACK TO THEIR ROOMS.

What Activities are at Grittleton House Adventure Centre

Aerial Adventure

- Climbing
- Crate Stack



Physical Challenge

- Low Ropes Course
- Body Zorbs



Team Building and Problem Solving

- Escape the Room
- Buggy Building



Developing Skills

- Hoverboarding
- Archery



We have a full range of exciting activities to choose ranging from



Survival Camp

- Bushcraft
- Den Building



Evening Activities

- Night Hike
- Campfire



All delivered by our fully trained and qualified enthusiastic Instructors.

Food and Meal Times

The restaurant at Grittleton House is located on the ground floor of The Clock Tower at the Old Stables and has a capacity for approx. 100 children per sitting.

We aim to offer

- Heathy well balanced familiar meals
- Vegetarian options at each meal
- Salad bar available for lunch and dinner
- Locally sourced ingredients (where possible)



Any special dietary requirements/allergies/intolerances can all be catered for and we liaise with school who will notify us prior to the trip of all needs



Meals:

- The food last year was delicious and the children had plenty to eat.
- Vegetarian options as served as standard
- All allergies are catered for
- Dairy Free
- Nut Free
- Gluten Free
- There is a salad bar at each meal.

Sample Menu:

Example Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast				
	Choice of Cereals Toast with Jam Mini pastries (pan aux chocolate, pan aux raisin, croissant) Fresh Fruit Tea, Coffee, Water & Orange juice	Choice of Cereals Toast with Jam Boiled Eggs Fresh Fruit Tea, Coffee, Water & Orange juice	Choice of Cereals Toast with Jam Mini pastries (pan aux chocolate, pan aux raisin, croissant) Fresh Fruit Tea, Coffee, Water & Orange juice	Choice of Cereals Toast with Jam Frankfurter Sausages Fresh Fruit Tea, Coffee, Water & Orange juice
Lunch				
	Vegetable soup and baguette Cheese, Ham Salad bar Tea, Coffee, Squash & Water	Sausage Rolls/Vegetarian Baked Beans Salad bar Tea, Coffee, Squash & Water	Tomatoe Soup and baguette Cheese, Ham Salad bar Tea, Coffee, Squash & Water	Packed Lunch Containing Sandwich Fruit, Chocolate Bar, Crisps Fillings: Ham, Tuna, Cheese, Jam
Dinner				
Chicken/vegetarian Nuggets with Chips & sweetcorn Salad Bar Yoghurt Tea, Coffee, Squash & Water	Option 1 Spaghetti bolognaise Option 2 Mac and cheese Salad Bar Sliced peaches in syrup Tea, Coffee, Squash & Water	Option 1 Chicken korma, rice Option 2 Cheese and tomato pasta Salad Bar Profiteroles Tea, Coffee, Squash & Water	BBQ - burgers, hot dogs Salad Bar Ice Cream / Sorbet Tea, Coffee, Squash & Water	



Accommodation:

- All rooms are en-suite
- There are between 6 – 10 children in each room
- Children will be given the opportunity to request who they would like to share with. We will do our best with this!
- This cannot be guaranteed as behaviour will be taken into consideration.
- Once rooms are set, they cannot be changed.

Our Accommodation

The accommodation at Grittleton is split between 2 areas of the centre, The Manor House, and The Old Stable.

The Manor House

- Dormitories Sleeping between 4-10 children
- Teacher bedrooms adjacent to children's
- Capacity for a maximum of 3 schools



The Stable Block,

- Converted Victorian Stables
- 3 separate accommodation blocks
 - Carriage House
 - Clock Tower
 - Stable Block
- Accommodation over for up to 90 children
- Includes ground floor rooms and a mobility access room



Medical Arrangements:

- Mr Lathwell will be in charge of looking after and administering medication as well as the Grittleton Adventures staff who are all first aid trained.
- ***PLEASE MAKE SURE YOUR CHILD'S MEDICATION IS UP TO DATE (CHECK WITH MS RAYNER IF YOU ARE NOT SURE)***
- If your child is taking any regular medication outside of school hours, please make sure their class teacher and Mr Lathwell are aware. It must be written clearly on the '**Medical and Dietary Information Sheet**'
- Please return:
 - Medical Forms by **26th May**
 - Medication by **16th June**
- Adults will look after any medication and administer it according to instructions given by the hospital/doctor.
- ***All medication must be labelled clearly***

Other medical information:

- ***HAND ANY EXTRA (unexpected) MEDICATION TO US ON THE FRIDAY BEFORE WE LEAVE (if possible). If not, then on the morning of the trip – you must come into school early to speak with Mr Lathwell or Mrs Rayner.***
- If your child is known to have accidents in the night, please let us know as you are allowed to provide a plastic sheet for them and we can discretely put this on their bed.

Behaviour:

- Children will be expected to conduct themselves in a safe and responsible manner at all times
- They will need to listen carefully to the safety instructions during activities.
- All children will need to sign a **code of conduct** before they attend the residential.
- If a child's behaviour affects the enjoyment of others, then you will be contacted and will be required to collect them immediately.

Code of Conduct:



BOTWELL HOUSE CATHOLIC PRIMARY SCHOOL

Code of Conduct for Children: Year 6 Trip to Grittleton House

We want this trip to be enjoyable for everyone: the children, Botwell School staff and the staff at Grittleton House.

As a pupil at Botwell House Catholic Primary School I will therefore:

- Observe normal school rules at all times
- Follow our Mission Statement
- Be role models for our school
- Speak politely to everyone at all times
- Co-operate fully with each other and group leaders at all times
- Listen to all adults and treat them with respect
- Participate fully in all activities and sessions during the visit
- Be punctual at all times
- Not leave group sessions or accommodation without permission
- Not go anywhere alone without permission from an adult
- Always return to the meeting point or accommodation at agreed times
- Avoid behaviour which may upset/annoy or harm anyone and be considerate to others at all times
- Respect all requests made by school staff and accompanying adults
- Behave at all times in a manner, which reflects positively on themselves, the party and the school
- Abide by the rules and regulations of the places visited
- Respect all equipment used
- Keep rooms clean and tidy and respect all site facilities. Children are expected to tidy their rooms before leaving.
- Consult with school staff if in doubt about any issues
- Take personal responsibility for all actions and decisions I make
- Take responsibility for all my belongings
- Accept that a full written report of any misconduct will be forwarded to the Headteacher and parents
- Parents are to abide by the school's Class Dojo code of conduct in their communication with staff on site.

If this Code of Conduct is not adhered to at all times, I understand that this will result in termination of the trip. I understand that parents will be called to collect any child who chooses to ignore these instructions.

Signed (Child)

Signed (Parent)

These will be given to you to take home, sign and return.

Communication:



You will be added to a residential Class Dojo group. We will use this for all communication.

Staff will endeavour to put photos on class dojo on a regular basis.

The Wi-Fi and mobile signal is intermittent - staff found it difficult to upload large amounts of photos last year.

Our focus is keeping your child safe but we will do our best to post as many photos as possible.

Please note: The staff will be incredibly busy looking after your children and their priority will always be their safety.

They will not be taking requests for photographs!

We will post once a day and comments will be turned off.

Other things to know...

- Duty instructors on call until 10:30pm
- On-call staff – in case of emergency – radio
- All group leads are first aid trained
- There are two local hospitals – one is 24hr

- Teachers will be in constant contact with the school office.

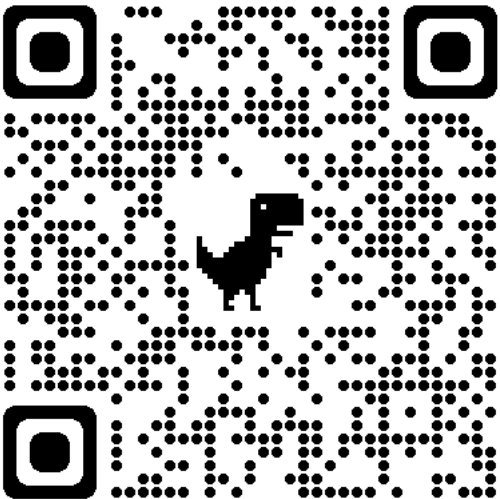
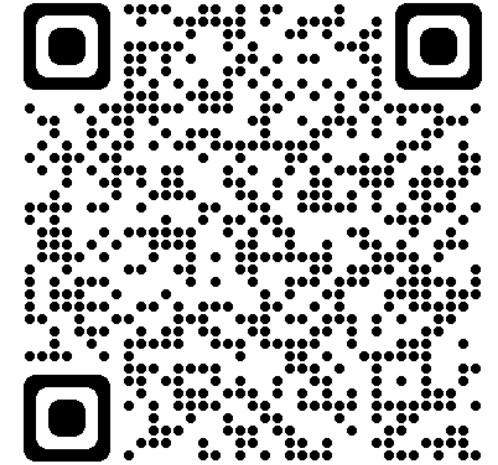
- **In the case of an emergency:**
- During school hours - please contact the school office:
[020 8573 2229](tel:02085732229)

- Out of hours – please message the class teacher on ClassDojo.

Any questions?

More information can be found at:

[Home | Grittleton House Adventure Camps \(grittleton-adventures.co.uk\)](http://grittleton-adventures.co.uk)



<https://www.botwellhouseschool.co.uk/page/?title=Year+6+Residential+Trips&pid=224>